



**2012 Spring Semester:
January – April 2012**

Youth DanceSport Program

TABLE OF CONTENTS

About Studio 22	2
About the Owners	2
About the Youth DanceSport Program	3
Classes	3
Enrollment & Registration	4
Class Schedule	5
Lesson Plans	6
Curriculum	6
Program Cost	10
New Students	10
Late Payment	10
Cancellation Policy	10
Attendance	10
Absences	10
Inclement Weather	11
Instructor Illness/Unavailability	11
Practice	11
Private Lessons	11
Dress Code	12
Code of Conduct	12
Class Observation	12
Performances & Competitions	13



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About Studio 22

Modeled after the largest and most successful dance studio in Los Angeles, Studio 22 is a modern, beautiful 6200 ft² facility with 4600 ft² of dance floor space. There are over 100 group classes a month, nightly practice sessions, fun adult cross-training classes, and social parties. All adult partner dance classes are 90 minutes long and taught by Dallas's top instructors.

Studio 22 prides itself on having the highest level of integrity when teaching people to dance. Because of that, Studio 22 houses Dallas's top instructors whose styles include Ballroom, Latin, Salsa, Swing, Argentine Tango, and Country & Western. All the instructors are experts in their field of dance and are passionate about the specific style they teach. Nowhere in Dallas can you find such highly trained professionals teaching so many different styles of partner dancing from beginner, to advanced, to competitive levels.

About the Owners

Sergey Korshunov and Michelle Hafle are current professional competitors in the International Latin American division, and travel all over the world competing in the most prestigious competitions. Together they are ranked two-time U.S. Professional Rising Star Latin Finalists and 2009, 2010 & 2011 British Open Rising Star Quarterfinalists.

Since beginning their partnership, Michelle and Sergey have been invited to perform at such locations as the Virgin Islands, Cancun, and Los Angeles, as well as at many local events in the Dallas/Fort Worth area. They were hired by Mark Cuban, Michael Irvin, and Emmitt Smith to provide private lessons and choreography in conjunction with their appearance on *Dancing With The Stars*. In 2006 and 2007 they were invited to be the official commentators for the ABC's *Dancing With the Stars* show by WFAA's Good Morning Texas, and in 2008 and 2009 they were invited to dance on *Baile Deportivo*, aired on Fox Latino Sport.

Studio 22 is modeled after the largest and most successful dance studio in Los Angeles. After living in Dallas for over five years, Sergey Korshunov and Michelle Hafle saw a need to create a fun and positive environment where people could go to get the best dance instruction at an affordable rate. Nowhere else in Dallas can you find such highly trained professionals teaching so many different styles of partner dancing with instruction ranging from beginning to competitive skill levels.

Studio 22 is truly a great place to learn something new, gain more confidence, and meet new people.

About the Youth DanceSport Program

The Youth DanceSport Program at Studio 22 offers a curriculum that includes all of the American Rhythm and Smooth disciplines of ballroom dancing, as well as Hip Hop for an added dose of creativity and energy. Whether dancing competitively, or simply for fun, we believe that learning dance in a healthy, creative environment expands imaginations, builds self-esteem, boosts self-confidence, promotes self-discipline, and establishes a sense of teamwork and cooperation. Other benefits of ballroom dance include:

- increased flexibility
- better posture
- better concentration
- enhanced strength
- increased energy and endurance
- weight loss
- lowered blood pressure
- a more positive mood

Dancing is a skill that will benefit your child throughout his or her life. In addition to the physical and mental health benefits, ballroom dancing will also open doors at social events and private functions, giving your child the knowledge and skills to interact comfortably in a variety of social settings.

CLASSES

The Youth DanceSport Program is divided into two classes, based upon curriculum. Ideally, youth students would participate both in the classes so that they become well-rounded dancers.

Day of the week	Start Time	End Time	Class Type	Age Group
Tuesday	5:30 PM	6:15 PM	Hip Hop	5 – 16
Thursday	4:30 PM	5:15 PM	Ballroom & Latin	5 – 11
Thursday	5:30 PM	6:15 PM	Ballroom & Latin	12 - 16

Studio 22 reserves the right to cancel classes due to inadequate enrollment, and to place students in classes according to age, maturity, and physical and artistic abilities. A minimum of 5 students per class must register by the registration deadline in order for the class to be offered. If needed, the Ballroom & Latin classes will be combined, at the instructor's discretion. *In the event that classes are combined, all students will attend class from 5:30 – 6:15 PM on Thursdays.*

Students are constantly evaluated to be sure they are in the proper class level for their abilities, and are progressing as expected. We may make suggestions for additional classes or adjusting placement. Any recommendations we make to you or your child are based on the professional opinion and experience of our instructors, and are made in the best interest of your child's dance education, and take into account the student's age, ability, and previous experience.

If you would like to know how your child is progressing, you are welcome to speak with the instructor(s) at any time.

Classes are divided into 4-month semesters which coincide with the school year:

Spring Semester: January – April
Summer Semester: May – August
Fall Semester: September – December

NOTE: Studio 22 employs only competent, qualified professional instructors of the highest caliber to provide instruction for the Youth DanceSport Program and group classes. Please understand that Studio 22 does not guarantee a particular instructor for the program, and reserves the right to modify the instructor roster.

ENROLLMENT & REGISTRATION

Enrollment is open to students ages 5 to 16 years old. Youth ages 17 and older are welcome to attend our regular adult classes, with parent/guardian approval, and with the understanding that adults of all ages participate in Adult Group Classes.

In order to register for classes, we require the completion of a short registration form, and the signature of a policy/waiver form by the student's legal guardian. You will need to fill out a new set of forms for each semester of classes, whether your child is a new or returning student. **The appropriate forms must be completed and turned in along with payment before the student's first class. An annual registration fee of \$25 is required for every student.**

Enrollment is open the following days for each semester:

Semester	Enrollment Opens	Enrollment Deadline
Spring	December 1 st	January 15 th
Summer	April 1 st	May 15 th
Fall	August 1 st	September 15 th

If a student wishes to join the class after the enrollment deadline, it will be at the studio's discretion. If a late registration is allowed, the student will be expected to schedule and take make-up private lessons (at additional cost) to catch up with the class. Please contact the instructor to schedule make-up classes.

CLASS SCHEDULE

Month	Day	Date	Class
January	Tuesday	1-3-11	Hip Hop
		1-10-11	
		1-17-11	
		1-24-11	
		1-31-11	
January	Thursday	1-5-11	Ballroom & Latin
		1-12-11	
		1-19-11	
		1-26-11	
February	Tuesday	2-7-11	Hip Hop
		2-14-11	
		2-21-11	
		2-28-11	
February	Thursday	2-2-11	Ballroom & Latin
		2-9-11	
		2-16-11	
		2-23-11	
March	Tuesday	3-6-11	Hip Hop
		3-13-11	
		3-20-11	
		3-27-11	
March	Thursday	3-1-11	Ballroom & Latin
		3-8-11	
		3-15-11	
		3-22-11	
		3-29-11	
April	Tuesday	4-3-11	Hip Hop
		4-10-11	
		4-17-11	
		4-24-11	
April	Thursday	4-5-11	Ballroom & Latin
		4-12-11	
		4-19-11	
		4-26-11	

LESSON PLAN: Hip Hop

January Classes: *Introduction to Hip Hop*

February Classes: *Focus on Hip Hop Technique & Styling*

March Classes*: *Preparation for Spring Recital*

** Routine will set no later than the 4th week of February.*

All students will be expected to have routine memorized by 2nd week of March in order to perform in the Showcase.

April Classes: *Polishing and Perfecting Showcase routine*

LESSON PLAN: Ballroom & Latin

January Classes: *Introduction & Review of Smooth & Rhythm dances*

February Classes: *Focus on Rumba & Foxtrot Technique*

March Classes*: *Preparation for Spring Recital*

** Routine will set no later than the 4th week of February.*

All students will be expected to have routine memorized by 2nd week of March in order to perform in the Showcase.

April Classes: *Polishing and Perfecting recital routine*

CURRICULUM: Hip Hop

Hip hop is a form of musical expression and artistic subculture that originated in African-American and Hispanic-American communities during the 1970s in New York City, specifically the Bronx.

Since its emergence in the South Bronx, hip hop culture has spread to both urban and suburban communities throughout the world. Hip hop music first emerged with disc jockeys creating rhythmic beats by looping breaks (small portions of songs emphasizing a percussive pattern) on two turntables, more commonly referred to as sampling. This was later accompanied by "rap", a rhythmic style of chanting or poetry presented in 16 bar measures or time frames, and beat-boxing, a vocal technique mainly used to imitate percussive elements of the music and various technical effects of hip hop DJ's. An original form of dancing and particular styles of dress arose among fans of this new music. These elements experienced considerable refinement and development over the course of the history of the culture.

Hip Hop is an expressive genre of dance. Personality and attitude are key in conveying the meaning of the dance to the audience. All Hip Hop students will learn and hone these core skills and concepts as they progress.

Term	Definition
Beat	The principle sound in a song (generally the bass line or another sound that carries throughout the song). The <i>beat</i> determines how fast or slow the tempo of the dance will be.
Boogaloo	West-coast style developed by Boogaloo Sam in the mid-1970s, in which rolling actions of the hips, knees, and head added a fluid gloss to east-coast moves.
Breaking (aka "Break Dancing")	The original dance style of hip hop culture. <i>Breaking</i> includes five foundation elements: <i>Top Rock, Drops, Footwork, Power Moves, and Freezes</i> .
Down Rock	Denotes moves performed close to the floor
Drops	Different ways of getting to the floor
Electric Boogaloes	Arguably the most influential dance group to the hip hop genre, the group popularized <i>pop-locking</i> .
Fluidity	Movement that is free-flowing, providing connection between two or more movements
Footwork	Rhythmic steps performed on the floor.
Freestyle	Non-choreographed movement. The dancer freely moves his/her body to translate the music into movement. Useful especially for developing <i>musicality</i> .
Freeze	Sudden stops to a specific part of the break. These can be performed standing up, on the floor, or upside-down. The dancer may stop in a position which requires using his/her whole body to balance.
Full-Out	Performing the choreography as if you were on stage; dancing to the fullest capacity.
Isolation	Engaging a specific part of the body or muscle in movement independent of what the rest of the body is doing or not doing. <i>Isolation</i> develops muscle control and coordination.
Locking	A playful staccato style developed by Don Campbell, <i>locking</i> was originally called the Campbell Lock, and began in California in the 1970s. Dancers quickly contract and relax their muscles through a series of split second poses to produce a jerking movement. Often, the movements are actions taken from everyday life - such as tilting a hat or looking at a watch. (Usually performed in combination with <i>poping</i> .)
Marking	Minimizing movement in order to focus on specific aspects of the choreography, such as musicality, steps, and formations.
Musicality	The ability to hear and react (through dance) to specific sounds in the music in addition to the <i>beat</i> , such as the lyrics or a sound effect, and to the general mood of the song. A good grasp of <i>musicality</i> means that a dancer not only dances in time with the music, but also conveys meaning through the movement of the body. <i>Musicality</i> has two main components: <i>Musical Receptivity</i> and <i>Musical Creativity</i> .
Musical creativity (aka <i>musical artistry</i>)	The ability to connect with accompanying music, interpret it, or phrase and add movement dynamics that relate to music even in the absence of accompaniment, in a way that is unique or interesting.
Musical receptivity	One's ability to receive, comprehend, be sensitive to, and have a working knowledge of musical concepts like rhythm, tempo, phrasing, and even mood.

New “Skool”	Late freestyle phase of hip-hop fusing a wide range of moves, and characterized by more intricate steps – subtle or explosive – based on the contemporary dance style.
Old “Skool”	Early phase of hip-hop in which dancers retained clear distinctions between close-to-the-floor moves and more vertical styles. Steps are generally big in movement, expressive, and energetic.
Plié	A bending of the knee or knees. This is an exercise to render the joints and muscles soft and pliable and the tendons flexible and elastic, and to develop a sense of balance. This is the most common of the height changes in hip hop dance.
Pop-Locking	A combination of the <i>popping</i> and <i>locking</i> styles and movements, made popular by a dance group called the Electric Boogaloos.
Popping	Variant of locking in which poses are linked into more fluid movement, credited to Popin’ Pete, a dancer with the Electric Boogaloos. Dancers typically use wrist rolls, points and locks to dance to traditional funk music. (Usually performed in combination with <i>locking</i> .)
Power Moves	Rotating acrobatic movements derived from gymnastics. (Advanced students only)
Relevé	Borrowed from ballet, the French term denotes a raising of the body on the balls of the feet, and requires strength and balance. In most hip hop classes, you may occasionally go on relevé, but plié is much more common.
Top Rock	Steps performed while standing up.
Up-Tempo	Dancing done to the actual speed of the song (as opposed to a slowed-down version).

CURRICULUM: Ballroom & Latin

Dance	Bronze 1 Figures*	Bronze 2 Figures**
Rumba	Basic Box Side Basic Open Break, Under-Arm Turn Crossover Breaks 5 th Position Breaks	Cross-Body Lead Outside Partner Open Rumba Walks Cross-Over & Side Rocks Under-Arm Turn from Box
Cha Cha	Basic Progressive Basic Open Break, Under-Arm Turn Crossover Breaks 5 th Position Breaks	Cross-Body Lead Outside Partner Sweetheart Shoulder Check Chasé
East Coast Swing	Open Basic Closed Basic Basic Turning Right & Left Turns Throwout	Outside & Inside Lady’s Turn Outside & Inside Man’s Turn Tuck Turn Walks & Points
Waltz	Hesitations Balance Steps Left Box Right Box Forward & Back Change Steps	Face-to-Face & Back-to-Back Cross-Box Lead Two-Way Turns Simple Twinkle Promenade

Foxtrot	Basic Swing Step Promenade Right Turn Left Right Turn Right	Promenade Under-Arm Turn Swing Under-Arm Turn Simple Twinkle Zig-Zag Grapevine
Tango	Straight Basic Curving Basic Single Corté Promenade Turning Left Promenade Turning Right	Progressive Rocks Double Corté Open Fan Running Steps Checked Promenade

* *Bronze 1 Figures – Basic level steps that can be danced solo for technique building*

** *Bronze 2 Figures – Basic level steps that can be danced with a partner for connection building*

PROGRAM COST

Tuition is based on a 4-month program; the class rate is based on the dance services. Payment is non-refundable, and it is not discounted for classes missed, holidays, or canceled classes due to inclement weather.

There are two enrollment options, depending upon the needs of the student and class availability. *By enrolling in a class, you acknowledge that you are responsible for payment of the entire semester’s tuition.*

- (1) 45-minute class/week: \$50/month, \$200 total for the 4-month program
- (2) 45-minute classes/week: \$75/month, \$300 total for the 4-month program

Tuition includes all classes during the 4-month semester, including those classes that fall on the 5th week in a month, as well as rehearsals prior to Showcase performances.

For both options, there will be an *additional fee for the group performance* at the Showcase. Please see the Performances & Competitions information (pages 11 and 12) for more details.

Studio 22 accepts AMEX, Discover, MasterCard, and Visa debit and credit cards for your convenience. Tuition will be electronically debited on the first of every month, or you are welcome to pay for the entire semester up front.

FAMILY DISCOUNT

Families with 2 or more children concurrently enrolled in a given semester are eligible to receive a family discount. *Costs per child* are:

- One (1) 45-minute class/week: \$37.50/month, \$150 total for the 4-month program
- Two (2) 45-minute classes/week: \$62.50/month, \$250 total for the 4-month program

NEW STUDENTS

New students who are interested in classes, but are not yet ready to commit to the Youth DanceSport Program have the option of paying for a One-Time Trial (\$15) for the first class they attend. Please note that this is only available to first-time students, the first time they take a class at the studio. Current and

past students, as well as students that have already used a One-Time Trial, and those have already enrolled in a program are NOT eligible.

LATE PAYMENT

Tuition is considered late if unpaid after the 5th day of the month, and a late fee of \$10 will be charged for every 10 days past-due. Any account more than 30 days delinquent will result in your child having to 'sit out' of dance class until the account is brought back to a \$0 balance, or other acceptable arrangements are made.

CANCELLATION POLICY

If – for any reason – you wish to cancel your child's enrollment at any time during a 4-month Youth DanceSport Program semester, we require a written notice (with original signature) be submitted at least 30 days in advance of the month you wish your child's enrollment to end. Any payment submitted prior to the effective date of cancellation is non-refundable. A cancellation fee in the amount of 50% of the remaining semester balance will be charged to the card on file. If tuition for the entire semester was paid in full at the beginning of the semester, the remaining balance (if any) after any cancellation fees are paid will be issued to you via check.

ATTENDANCE

Classroom attendance is essential to proper growth, progress, and the understanding of choreography. Dancers only improve through repetition – it's how their bodies maintain a high level of fitness and develop muscle memory of technique. The instructors have only a short time in the studio with the students each week, and students are given the tools to be wonderful dancers. However, it is up to the dancers to use those tools, and what they build depends largely on how often they use them!

Every effort is made to follow the schedule, and your help is greatly appreciated. Students should arrive for class 5 – 10 minutes prior to class time (in order to check in, change clothes/shoes, use the restroom, etc.), and should be picked up promptly. *(Please inform the instructor(s) ahead of time if any student needs to be picked up prior to the end of class.)* Dancers are expected to be ready to dance at the beginning of the class period; the entire class period should be spent 'dancing.'

Classes are scheduled to run 45 minutes, though they occasionally run over a few minutes due to the enthusiasm of our instructors. 😊

ABSENCES

Due to attendance requirements, and in order to be fair to all students and instructors, we do not reimburse or reduce tuition because of missed classes due to vacation or illness. Dance instruction is scheduled on an on-going basis. When more than once class per month is missed, they may be made up, if possible, by attendance in an equivalent class. Any make-up lessons must be taken within one month of the missed class.

Reminder: Absences and tardiness can hold back the entire class. Please make the extra effort to have your child at every class.

INCLEMENT WEATHER

Since classes start late in the afternoon, Studio 22 will not automatically cancel classes due to inclement weather when local schools are canceled. *To find out whether or not classes are canceled, it is the responsibility of the legal guardian to check the studio's website on the day in question.* (www.studio22dallas.com > Dance Lessons > Youth DanceSport Program) **Canceled classes will not be rescheduled, but students are encouraged to attend the scheduled make-up class.**

INSTRUCTOR ILLNESS/UNAVAILABILITY

In the event of instructor illness/unavailability, Studio 22 will make every effort to provide substitute instructor(s) for the class. If a substitute teacher is unavailable, parents will be notified by the studio, and a make-up class will be scheduled at a later date, most likely the following Saturday or Sunday during the day.

PRACTICE

Practice is essential to the continuing dance education of the students. It is the responsibility of both the student and his/her parent(s) to ensure that adequate practice is done at home so that class time can be spent on the introduction of new material, partner work, choreography, and the polishing/perfecting of previously learned material.

Please ensure that your child is practicing what is being taught each and every week. Due to the group class setting, the progression of the class is based on the rate at which *the entire class* is progressing.

All practices for the month of February & March will be extremely important to the preparation for the Showcase. *Please inform the instructors about any absences from classes by the 1st week of January.*

PRIVATE LESSONS

Private Youth Lessons are also available to any student in the youth program who would like individual coaching to work on specific techniques and styling and/or to move ahead more quickly. Please contact the instructor(s) to discuss pricing and availability.

DRESS CODE

It is imperative for the instructor to be able to see and correct body lines and placement. The dress code for class/practice is as follows:

Hip Hop

- Pants or shorts conducive to stretching/dancing (ex: dance pants, sweats, basketball shorts, etc.)
- T-shirt
- Supportive athletic shoes.

Ballroom & Latin

Girls: Fitted top or leotard, black knee-length practice skirts, and properly-fitted suede-soled dance shoes
Boys: Fitted t-shirt, black trousers or dance pants, and properly fitted suede-soled dance shoes

For both girls and boys, hair should be neatly pulled back from the face, if possible. No big or oversized shirts, jeans or shorts may be worn during any dance class. Please label all shoes, clothing, dance bags,

etc. so that they will be easier to identify. (Shoes and dance bags are available for purchase at the studio.) All students are expected to be properly attired no later than the end of the first month of the semester, or they will be asked to sit out of class. No refunds for classes missed because of improper attire will be given. No exceptions.

For all youth classes, students will be expected to have proper dance shoes after the first month.

Children need the proper tools to develop their dancing and shoes literally provide the foundation for proper dance technique. Appropriate practice shoes include suede-soled dance sneakers or a ballroom/Latin dance shoe for the ballroom class, and a jazz sneaker or athletic shoe for the hip hop class. Please consult your instructor for assistance with fitting.

CODE OF CONDUCT

Good behavior and attentiveness are required throughout class. Distraction tends to spread through the entire group, making it difficult for all of the youth to learn.

Any student that does not behave will be asked to leave class for that day and sit with their parents in the reception area. If a child is asked to leave class for any reason, it is expected that the parent(s) and instructors will discuss the problem immediately after class concludes.

Students are expected to sit quietly with their parents when they arrive before class begins, or if they stay after class concludes. Running through the ballrooms and raised voices are prohibited – such behavior is disrespectful & distracting to the other instructors and students practicing and in lessons. All students, parents, siblings and guests are expected to act in a reasonable and polite manner while at the studio; any behavior that is deemed to be destructive, disruptive, or of negative impact to other people will not be tolerated. Those not able to adhere to this policy will be asked to leave the facility immediately. Any damage to studio property caused by any individual will be charged to the account of the student associated with that person.

CLASS OBSERVATION

Parents/guardians are welcome to relax in the lobby while class is in session, or return to pick up their child at the end of class.

Parents are welcome in the ballroom during class on the 4th class of every month. Because it can be distracting to the students to have parents watching, parents should be attentive to the class and refrain from conversation among themselves or with their child while class is in session.

Performances & Competitions

Studio performances and competitions are opportunities for the students to display their artistry and growth as well as their stage and performance skills.

FALL RECITAL

Date: Sunday, April 29th, 2012

Time: TBD (afternoon)

Cost: \$35

Student performance package, **due no later than March 15th, 2012**. Includes:

- 2 Adult Tickets (17+ years old)
- 1 Youth Performer Ticket (16- years old)

You may also add on additional tickets (\$15 adult/\$10 youth) to the student performance package.

If your student wishes to perform an individual piece with his/her instructor or another student, please discuss this with the instructor, who can give you a price list for the associated fees.

Performance: **Depending upon class size and/or composition, the studio reserves the right to combine the classes so that students can practice partner work and formations for the Showcase performance. If classes are combined, it will most likely be during the daytime on the weekend. Any schedule changes due to Showcase practice will be communicated to you one month prior to the Showcase. It is your responsibility to ensure that your student attends these classes to prepare for the showcase.**

Hip Hop Performance Attire: TBD

Ballroom Performance Attire:

Boys

- White dress shirt (button-front)
- Black dress or dance pants
- Black belt
- Black dance shoes
- Hair **MUST** be pulled neatly off the face
- Accessories TBD

Girls

- Black leotard (³/₄ or full-length sleeves)
- Black skirt (knee length, **NO SHORTER** than knee)
- Nude Tights

- Black or nude/tan dance shoes
- No make-up is allowed (under age 14)
- Hair MUST be pulled neatly off the face in ponytail or bun
- Accessories TBD

****Dress Rehearsal: Friday, April 20th, 2012 @ 4:30 PM, Main Ballroom.**

*** Attendance is MANDATORY for all students performing. Any student not attending dress rehearsal will not be allowed to perform; any fees paid are non-refundable.*

Day-of Information:

45 minutes prior to event start:

All students should arrive dressed in performance attire; dance shoes should be put on after arrival in the studio

30 minutes prior to event start:

Pictures of children will be taken by both studio and parents

15 minutes prior to event start:

Warm-up for showcase will begin

After the youth performance concludes:

Students will gather in the warm-up/practice room

- Those needing to leave after the performance should meet the students back in the practice room to pick up the student and leave.
- Those students remaining to watch the rest of the show will be led back into the ballroom as a group by the instructors, and walked to their parents' seats.